Thesis title  Sub-health post service utilization among rural villagers and its related factors at Moli VDC of Okhaldhunga district, Nepal

Name  Prem Bahadur Subba

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Thesis Supervisory Committee
Pantyp Ramasoota, Dr.P.H.
Somjai Pramanpol, M.A.
Putsatee Monzon, M.A., M.O.H., M.Sc.

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ABSTRACT

A descriptive study was conducted on Sub Health Post Service utilization among the rural villagers and its related factors at Moli Village Development Committee of Okhaldhunga District, Nepal. This research was to identify the factors related to Sub-Health Post services utilization among the rural villagers and to acquire data on this population.

Two hundred households were selected by systematic random sampling and the head of the household was interviewed using structured questionnaires. Out of the total sample five ethnic groups predominately settled at the VDC were proportionately included for the interview. The results showed that males used more services than females, the higher age group used more services than the lower age group and lower income group used more than the higher income group. Educated people used more than non-educated.

By knowledge and perception towards Sub-Health Post services those villagers who had had a high level of knowledge and good perception use less SHP services than those of low level knowledge and poor perception. By accessibility, those villagers who were nearer significantly used the SHP services in comparison of those at a farther distance.

The major findings of this study revealed that there was a relationship between education and accessibility and SHP utilization, but no relationship was found between knowledge and perception and SHP utilization.

The recommendations resulting from the study were to: continue to conduct PHC outreach clinics as with existing practice and ensure its sustainability to have blanket coverage of Primary Health Care services among the underprivileged rural villagers. In order to ensure the services availability and accessibility at Sub Health Post, empower local MCHW and use FCHV more effectively, community leaders should be involved in SHP services planning and activities. To meet the aspiration of the villagers as indicated in the suggestion of villagers, appropriate monitoring of the SHP staff from the higher supervisory level and maintenance of appropriate supply and demand of drugs and required equipment at the Sub-Health Post should be addressed.