ABSTRACT

This descriptive study aimed to assess the self-esteem of adolescents attending International Community School in Bangkok, Thailand. Related factors including socio-demographic characteristics, family characteristics, and social characteristics were assessed. The sample consisted of one hundred and forty-six adolescents between the ages of twelve and eighteen. The respondents came from 16 different nations, with 71% coming from Asia. They were almost equally divided between males and females. Data collection was done during April 2001.

The Coopersmith Self-Esteem Inventory was used to measure the students’ self-esteem. Scores were then categorized into low, average, and high self-esteem levels. These scores were then crossed with and described by the related factors of personal characteristics, family characteristics, and social characteristics.

The findings showed that 24.7% of the respondents registered a low self-esteem, 49.3% registered an average self-esteem, and 26.0% registered as having a high self-esteem.

Factors contributing to a healthy self-esteem were identified as having consistent communication with parents and sibling in the home environment, having a secure and ample peer support group, and having healthy relationships with teachers.

This study will be helpful in revising current curriculum, as well as planning extracurricular programs that address effective adolescent development of multinational student bodies.