Thesis title: A survey on basic minimum needs (BMN) of rural and urban Vietnamese in Cantho City-Vietnam

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ABSTRACT

A cross sectional survey on the Basic Minimum Needs (BMN) of rural and urban Vietnamese was conducted in Cantho city in the western part of South Vietnam. The study among 1827 rural and urban people aimed at the description of what BMN of urban and rural Vietnamese could be. Comparing urban and rural BMN, identifying the association between socio-demographic factors and BMN, and the interrelationship among BMN were also included in this study.

The results of this research showed that the urban BMN on nutrition, shelter and environment, lifestyle, health services, social services, cultural life, production, and family planning were either significantly different from rural BMN or higher than rural BMN.

Many associations were found between socio-demographic factors and BMN such as: the relationships between family size, number of children, main income and especially education and BMN. Education increase lead to increase the needs on housing hygiene, ability to support children to get minimum education level, sharing the responsibility of both couple in practicing family planning, etc. In addition, interrelationships among BMN were also found in this study. The knowledge of these relationships is very necessary for the strategy of basic needs.

The results of this study can provide useful information for setting up Vietnamese BMN and successfully implementing the process of BMN approach in the future to increase the satisfaction of people's needs and to improve their quality of life.